



香港紅十字會
HONG KONG RED CROSS

Enhancing Community Resilience to Heatwaves

RCRC Asia Pacific Regional Meeting on heatwaves



保護生命
Protect human life



關懷傷困
Care for the health
of the vulnerable

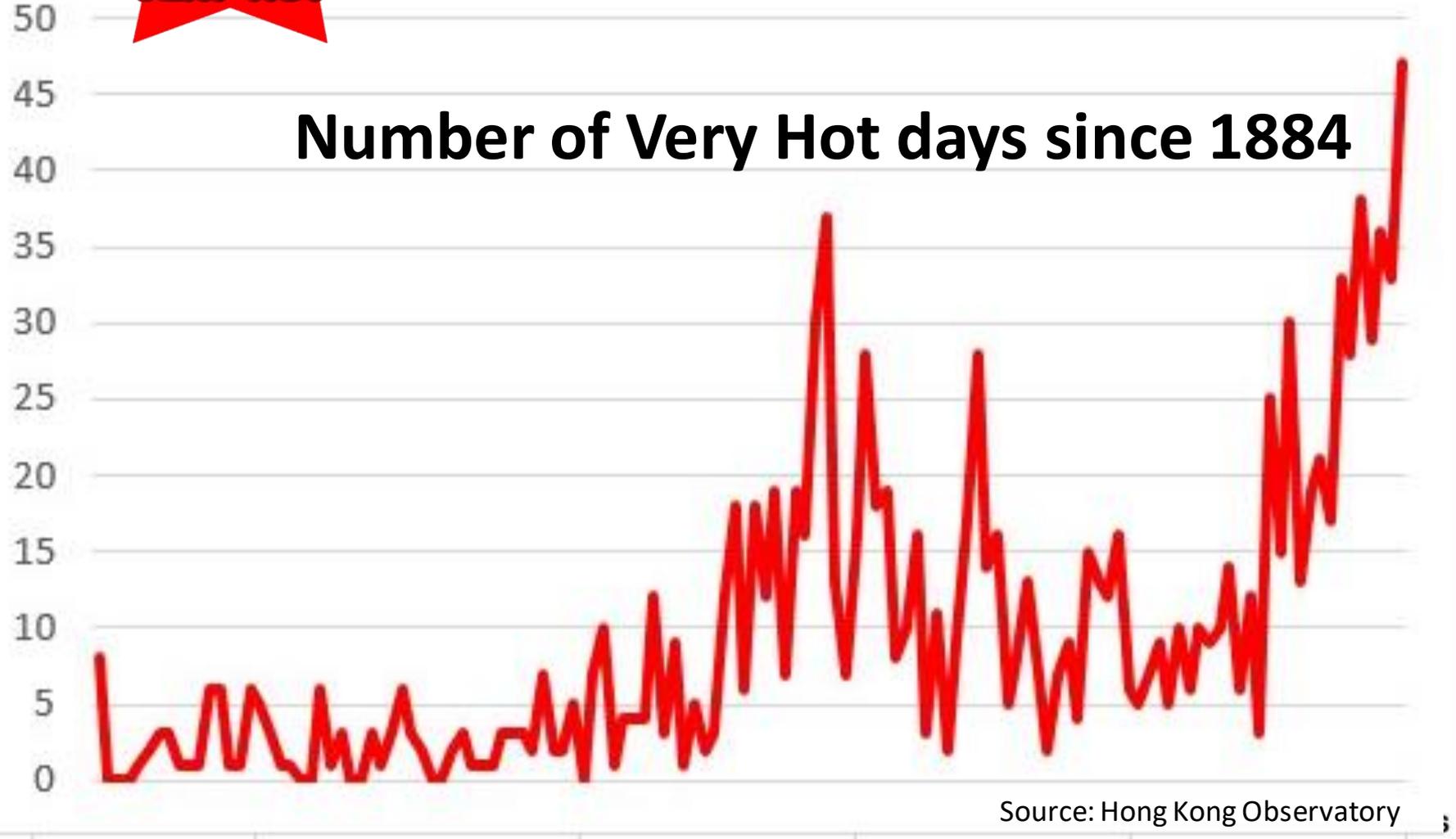


維護尊嚴
Respect human dignity

Irene LUI
Manager (Community Resilience)
12 May 2021



Very Hot Weather Warning

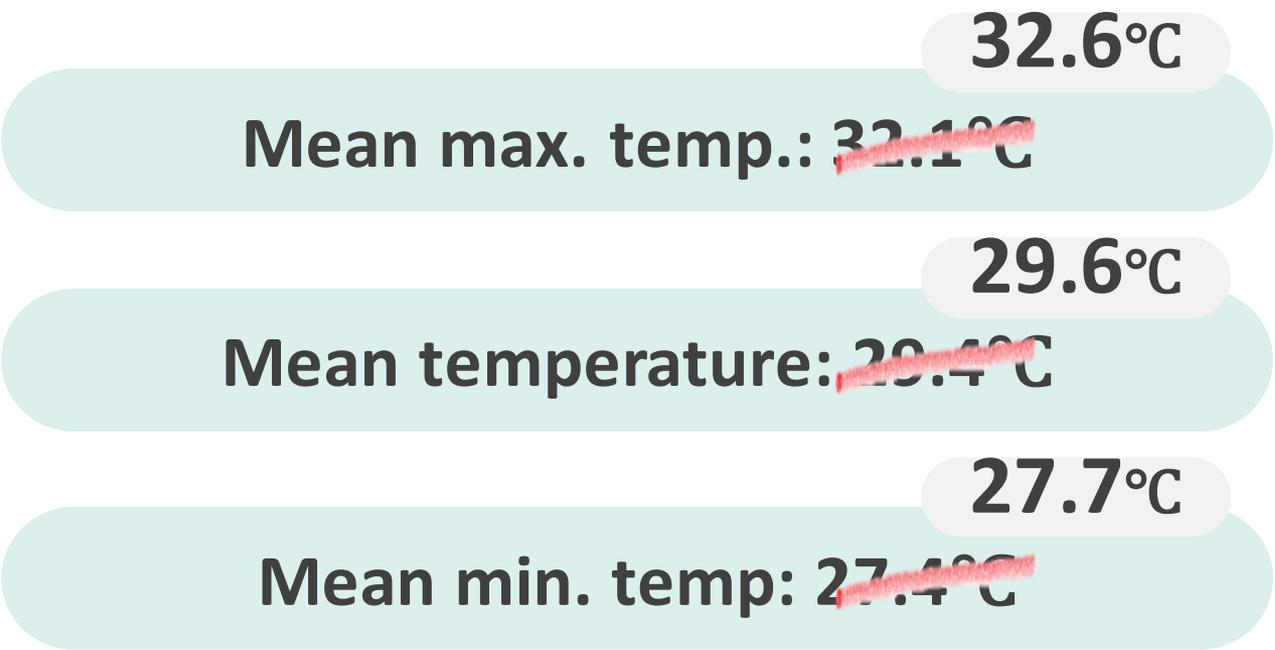


Source: Hong Kong Observatory ;



Hottest Summer 2020

(June - August)



Source: Hong Kong Observatory

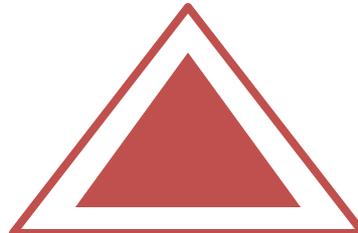


Number of Very Hot Days in 2020

Record-breaking
40 days



**In the face of global warming,
how does Hong Kong Red Cross
respond?**



Public Education & Awareness -

1. Disaster Preparedness Foundation Course



A series of training to introduce the basics of disaster preparedness through different forms, such as lectures, workshops or interactive games, including the basic concepts of common disasters, disaster kits, infectious diseases, first aid principles and psychological first aid in Hong Kong

Public Education & Awareness -

1. Disaster Preparedness Foundation Course

- Participants can understand:
 - 1) The impact of climate change
 - 2) Introduction to the greenhouse effect
 - 3) What is Heat wave and its effects

The course started at the end of March 2019, so far ~10,000 participants



Public Education & Awareness -

2. Disaster Preparedness Roving Exhibition

- Roving exhibitions in various districts of Hong Kong
- Participants can learn about the response and preparedness of different disasters through booth games and exhibition



Public Education & Awareness -

3. Promotion & Publicity in social media

香港紅十字會 - 急救與健康
8月20日 · 讚

【夏季熱辣辣】

今日酷夏至，雖然未到小暑，大暑，大家要注意炎熱天氣變化，等小暑過兩招俾大家抗炎。

1. 飲多啲水
2. 減少長時間曬日光下曝曬
3. 保持室內空氣流通
4. 穿寬鬆、輕巧、淺色嘅衣物
5. 盡量留喺室內

最重要緊係每一日留意天氣溫度喇！

怕熱嘅天氣，慢性病患者同長者更加要多加留神！預防中暑無有怕。

想了解更多，即刻上香港紅十字會防災資訊網站：<http://bit.ly/2ZedSnX>

下載防災APP學多啲：

(IOS) <https://apple.co/2KGY3OW>

(Android) <http://bit.ly/2ZimvE>

#熱浪 #應對危險有備無患 #社區防災防災訓練



44

7次分享

香港紅十字會 - 急救與健康
8月19日 01:00 · 讚

【滂大雨·水浸街】

八月仲係香港雨季，落雨影響出外活動機會，對香港某些低窪或沿海地區例如大澳、杏花邨，都製造唔少危機。

大家可能冇聽過首童謠《滂大雨·水浸街》，一聽到第一句就可能會想繼續唱落去。事實上，大雨會令到水浸機會大增，財物盡毀，所以希望大家除咗唱首童謠之外，都可以記住以下兩句口號「逃生物資要準備，尋求高處去躲避」，做足準備。

想了解更多，即刻上香港紅十字會防災資訊網站：<https://bit.ly/30LvGN6>

下載防災APP學多啲：

(IOS) <https://apple.co/2KGY3OW>

(Android) <http://bit.ly/2ZimvE>

#香港紅十字會 #社區防災防災訓練



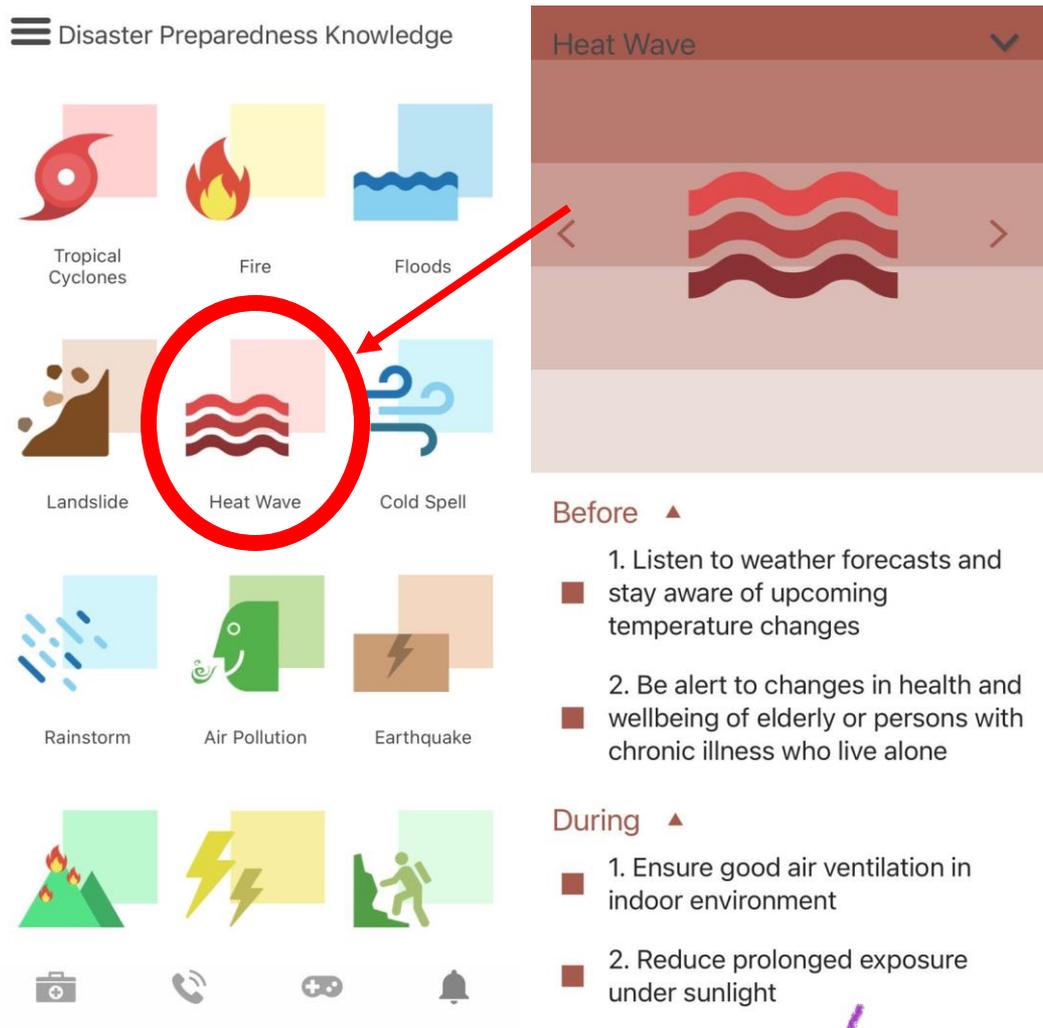
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7次分享

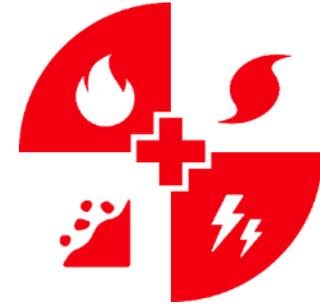
Released
different posts
on FB regarding
climate change
and heatwave

香港紅十字會
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Public Education & Awareness - 4. Mobile Applications



RCDP



iOS



Android



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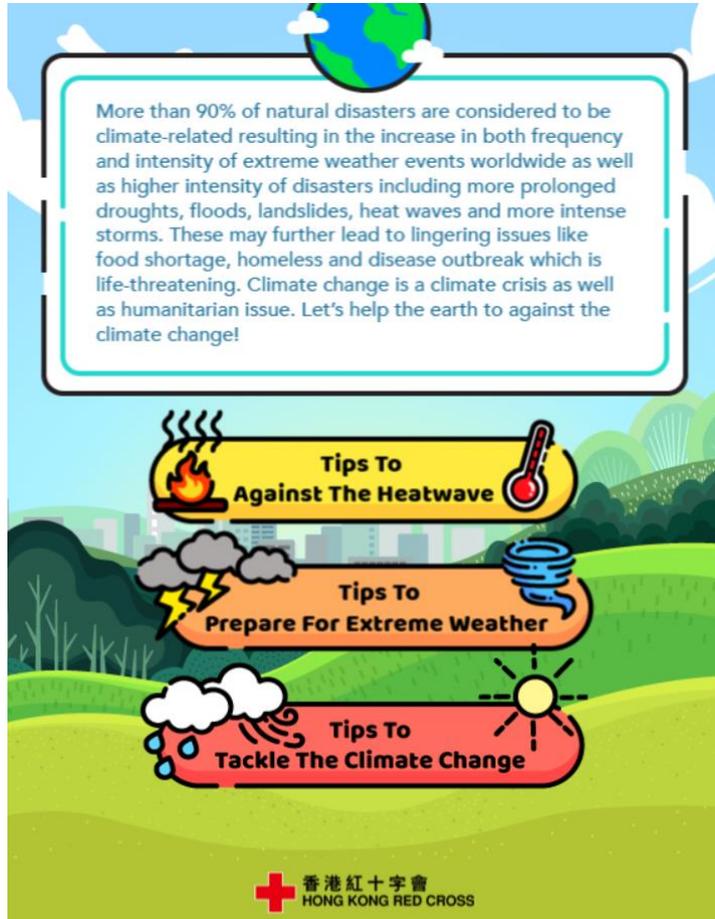
Public Education & Awareness - 5. International Day for Disaster Reduction (13 Oct)



<p>Climate action 100 1919-2019</p> <p>Prepare for Extreme Weather</p> <ul style="list-style-type: none"> Get trained in First-Aid Sign up for extreme weather alerts Donate to a disaster fund Inform and check on neighbors in extreme weather conditions Develop a family disaster plan Volunteer for the climate crisis 	<p>Climate action 100 1919-2019</p> <p>Reduce your greenhouse gas emissions and environmental impact:</p> <ul style="list-style-type: none"> Eat less meat Burn less wood or fuel Bike or walk before driving Organize a beach or park clean-up Reuse or recycle Eliminate single-use plastic usage Organize a tree planting Ask your local leaders to go green 	<p>Green action 100 1919-2019</p> <p>8 tips to tackle climate change:</p> <ul style="list-style-type: none"> Become a climate activist Vote and support green policies Participate in climate gatherings Express your opinion and listen to others Support tree planting (e.g. bamboo) Organize a local clean-up Share your knowledge Become a volunteer
<p>Green cities IFRC</p> <p>8 tips to tackle climate change:</p> <ul style="list-style-type: none"> Use public transport & eco-friendly car alternatives Organize a community garden Don't idle your car Tell your city to go car-free Advocate for better building codes & energy efficiency Support dark sky initiatives Pick up trash and keep streets clean Participate in your local clean-up 	<p>Green commute IFRC</p> <p>8 tips to tackle climate change:</p> <ul style="list-style-type: none"> Walk more instead of driving Use car sharing Cycle more instead of driving Switch to an electric or hybrid vehicle Use public transportation Plan your trips to commute less Reduce air travel Use trains for travelling 	<p>Green food IFRC</p> <p>8 tips to tackle climate change:</p> <ul style="list-style-type: none"> Eat plant-based meals and insects Bring your own bag when you shop Buy organic and local food Grow your own food Don't waste water and food Buy products with less packaging Try to reduce bottled water consumption Compost food waste

a) Enhance public awareness through social media

b) Online Game & social media campaign



<http://web.redcross.org.hk/games/DPen/index.html>



c) Community Engagement

Reaching >3,600 participants



Lalita Gurung is with Sara Lan Ling and 2 others.
28 June · 📍
Join #ClimateRUN Challenge to run 1km or above, and upload the running distance record on Facebook or Instagram.
Almost every single day, there is 1 natural disaster event due to extreme weather, making the vulnerable groups suffer the most. Your support means a lot to us, please run together to support the #HongKongRedCross #ClimateVulnerable #ClimateRUN #RUNCutOfTime
Run together to show your concern... See more

Francis Ngai 魏卓基
29 June · 📍
【別讓世界都變成極地】
多年前往北極沙漠、北極等極地挑戰極限馬拉松，體驗到極端天氣的滋味，但隨著氣候變化，極端天氣正影響到全球各地，六月份的香港路跑活動就要比沙漠更難跑，現在我們需要的是實際行動！
除了參與減少溫室氣體排放，大家亦可嘗試改變生活習慣減低氣候變化，例如多乘搭公共交通工具、減少不必要的浪費等。隨著本地疫情緩和，我與不少跑友一樣開始重拾路跑，今年各位跑友更可以參與「#ClimateRUN Challenge」，提升社會對氣候變化及災影響弱勢社群的關注。
... See more



Jun-Jul 2020 - #ClimateRUN Challenge

Public Education & Awareness - 6. Public Appeal



Jan2021 : support people affected by climate-related disasters and future work of disaster preparedness.

I Direct service for high risk groups-



Under Heat Wave...

1. Humanitarian Caring Summer Visit



Video from RCRC Magazine Interview in 2018

Humanitarian Caring Summer Visit

- since 2018
- visited ~150 elderly singleton each summer



Pass on heat wave and home safety information to elderly singles through visits and conduct home safety and heat protection assessment

2. Sub-divided Flat DP Project

Through visits, dissemination of heat, fire, home safety information, and home safety and heat protection assessment



Learning and Insight

1. More sensitive in identifying high risk groups who are facing challenges under heatwave
2. Need to make use of every channel to enhance the public awareness and advocacy
3. Silent Disaster is not silent

Thank you!



全城防災 共建更好生活

BUILD HONG KONG A RESILIENT COMMUNITY